

Case of Michelle Goodfellow

Michelle Goodfellow is a 34 year old aboriginal single mother of 2 sons. She is pregnant and at 26 weeks gestation. Michelle is a college graduate in early childhood education, but is currently unemployed. She stays at home to take care of her children. The father of her two sons has a history of alcohol and drug use and rarely sees the two boys. Her current boyfriend, and father of her unborn baby, Jason, is supportive but does not spend much time at Michelle's subsidized townhouse because her eldest son does not like him and has been aggressive toward him.

Michelle's eldest son, Kyle, is 14 years old and has had problems with his combative behaviour. He is currently waiting placement at an alternative school, and has had some previous convictions involving assault and theft. He does not have any known alcohol or drug use.

Toby Goodfellow is an 8 year old boy that has had no behavioural issues and performs well at school. He is troubled by Kyle's behaviour and wishes that Jason, who he likes very much, could be around more.

Michelle has a family history of type II Diabetes. She has anemia and a history of gestational diabetes. Currently on financial assistance, she loves being a mother, but is often overwhelmed. She comes to the Primary Health Care Team at The Southwest Ontario Aboriginal Health Access Centre (<http://www.soahac.on.ca/index.htm>) for her first prenatal care appointment.