

# GRAND RIVER HOSPITAL

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## **FREEPORT REHABILITATION TEAM CASE SCENARIO**

Jerome Forrest is a 78 year old male born in Grand River, Ontario, who was admitted into the hospital through the ER following a stroke. Mr. Forrest is a retired maintenance worker who lives on a Canada Old Age Security Pension and a small pension from his former employer. His wife, Gladys, of 50 years was recently diagnosed with dementia. Gladys also suffers from an arthritic hip that has limited her mobility. Both Jerome and Gladys live in a backsplit-style of house that they jointly own. Both Jerome and Gladys obtained their high-school completion but have not pursued any further formal learning. They have one son, Gerald, who is 52 years old and married but he and his wife have no children. Gerald is a CEO of a large advertising company in California. He and his wife visit his parents rarely, the last visit being 3-years ago, and he has in-frequent telephone contact with them.

Jerome is 5 feet 6 inches tall and weighs 260 lbs. He smokes one pack of cigarettes a day and has done so for most of his adult life, resulting in COPD. He rarely exercises and only occasionally takes alcoholic beverages. Jerome has hypertension and Type I Diabetes controlled by diet. He also had a left knee replacement in 1999, and a previous CVA in 2001 that left him with a mild weakness on the right-side of his body and chronic depression. His current stroke has caused dysphagia, aphasia and right hemiplegia. He is conscious, and seems extremely stressed by his situation.

Gladys is a 75 year old frail woman who is 4 feet 10 inches tall and weighs 98 lbs. She has been a homemaker all her life and was also born in Grand River, Ontario. She and Jerome are high-school sweethearts and very devoted to each other. She walks with a cane and demonstrates mild dementia. She is a non-smoker, and drinker and is not on any prescribed

medications. Gladys seems very overwhelmed and stressed by the situation with Jerome. He has always been the one to do the house repairs, pay the bills, and make decisions. Jerome drives their older model car but Gladys has never learned to drive. Gladys always 'fussed' over Jerome to ensure he eats the right foods to keep his diabetes under control.

As a team, you explore with Gladys and Jerome their living situation and you learn from Gladys that their house is in good repair but has a 5-step entry with another 10 stairs to reach the main level from the front door. The entry from the backdoor has 25 steps. Their bedroom and bathroom are on the main level of the house. You begin to develop a rehabilitation plan for Jerome and Gladys that addresses their current health needs as well as their financial, social, transportation, and housing situation.